

MAR 3-5's | W1

Today's Suggested Schedule—March 2026, Week 1

Today's Bible Story: Water to Wine • John 2:1-11

Nothing is too hard for Jesus.

Key Question: Who is amazing?

Bottom Line: Jesus is amazing.

Memory Verse: "We have seen amazing things today!" • Luke 5:26 NLT

Loud sounds, bright lights, and large groups can be overwhelming or overstimulating for some children. To create a more inclusive large group experience, consider offering adaptive tools like noise-canceling headphones, sunglasses, sensory-friendly items, or access to modified spaces.

Small Group (15 minutes)

Social: Providing time for fun interaction

Fill it Up

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

Worship

Bible Story

Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

Memory Verse with Motions

Nothing's Too Hard

Catch It If You Can

Journal and Prayer

Home: Prompting action beyond the experience

Memory Verse Card



Bible Story

Water to Wine • John 2:1-11

Nothing is too hard for Jesus.

Key Question

Who is amazing?

Bottom Line

Jesus is amazing.

Memory Verse

"We have seen amazing things today!" • Luke 5:26 NLT

5 min

Social

5 min

Fill it Up | Made to Move

What You Need

-  Large, clear plastic bowls 1
-  Blue pom-poms 1
-  Plastic container 1
-  Painter's tape 1



EveryChild Tips

- Allow children who can't stand or move quickly to *sit at the line* and roll or drop pom-poms into a low bowl instead of tossing.
- Place the bowl on a table or chair instead of a child's head for those uncomfortable with or unable to balance.

What You Do:

Before the Activity: Create a straight tape line on the floor about five feet from a wall. Put pom-poms in the container and place on the floor in the middle of the tape line. Divide children into two teams. Ask for one child from each team to stand against the wall, and the other children in each team to line up single file behind the tape.

During the Activity: Encourage children to take turns tossing pom-poms into the bowl their teammate is holding on their head. Continue until all the pom-poms have been tossed. Collect the pom-poms and ask a new teammate to hold the bowl. Repeat as desired.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Friends, come over and stand at this line. We're going to play a game today, so let's make two teams. (*Help divide children into two groups.*) I need one friend from each group to stand against the wall and hold this bowl on your head like this. (*Demonstrate.*) All your teammates will take turns tossing pom-poms trying to get them into your bowl. Watch! (*Stand at the line and toss a pom-pom into each team's bowls.*) Just like that!"

During the Activity: "Let's pretend these pom-poms are water drops. [Child's name] and [child's name] pick up a pom-pom and toss it to your teammate to try and get it into the bowl. (*Pause.*) Great job! Now the next friend in line can have a turn. (*Continue until all the pom-poms are tossed.*) Whoa! Look at the water drops we caught in the bowls. Let's put them back in the container and pick up the other pom-poms and play again! [Child's name and child's name] stand against the wall with the bowls on your head and we'll play again. (*Repeat as time and interest allow.*) That was so fun! We filled the bowls with water!"

After the Activity: "In today's true Bible Story, we'll hear how Jesus did something really amazing with some jugs of water. Let's go hear all about it!"

20 min

Groups

5 min

Memory Verse with Motions | Made to Move

What You Do:

Before the Activity: Say the Memory Verse and demonstrate the motions for the children.

What You Need

-  Optional EveryChild Supplies:- Several
"Memory Verse Hand Motions"
PDF
-  Optional EveryChild Supplies:- Several
Cardstock
-  Optional EveryChild Supplies: Several
VELCRO® dots
-  Optional EveryChild Supplies: Scissors 1



EveryChild Tips

- Invite children to say it with you or repeat words after you.
- Set out the picture cutouts made from the "Memory Verse Hand Motions" PDF for children to hold up or point to as an alternative to saying or repeating the verse out loud.

5 min

Nothing's Too Hard | Made to Think

What You Need

No supplies needed

During the Activity: Teach the Memory Verse motions. Invite the children to do them with you several times.

After the Activity: Connect the Memory Verse to the Bottom Line.

What You Say:

Before the Activity: "Friends, come stand with me, and let me tell you our brand-new Memory Verse! Ready to hear it? It goes like this. 'We have seen (*point to self*) amazing things today! (*Hands like binoculars, open and shut.*) Luke 5:26 (*open hands like a book.*)"

During the Activity: "Now, let's learn the motions. The first part of our verse says: 'We have seen.' (*Point to self.*) Put your pointer finger up and tap your chest like this (*pointer finger up then tap your chest*) and say, 'We have seen.' (*Repeat with children.*) Great job!

"The next part of our verse says: 'Amazing things today.' (*Hands like binoculars, open and shut.*) Make circles with both hands and put them up to your eyes like this (*Put both your hands to your eyes like binoculars or glasses.*) open and close them and say, 'amazing things today.' (*Repeat with children.*) Wonderful! Now let's put that together. 'We have seen (*point to self*) amazing things today!' (*Hands like binoculars, open and shut.*) Great job!

"Now the last part is: 'Luke 5:26' (*open hands like a book*). Put your hands together in front of you and open them like you are opening a book (*open hands like a book*) and say: Luke 5:26. (*Repeat with children.*) Great job! I think we are ready to do it all together! Ready friends? 'We have seen (*point to self*) amazing things today! (*Hands like binoculars, open and shut.*) Luke 5:26 (*open hands like a book*). Nice job. Let's do it again!" (*Repeat several times.*)

After the Activity: "The Bible teaches us that nothing is too hard for Jesus because **[Bottom Line] Jesus is amazing!** In today's Bible Story, Jesus did something amazing! Jesus turned water into wine! Jesus did something that no one else can do because Jesus is God's Son. **Who is amazing? [Bottom Line] Jesus is amazing!"**

What You Do:

Before the Activity: Gather in an open area and explain that they will be doing a challenge together.

During the Activity: Call out and demonstrate one challenge at a time. Encourage and celebrate each attempt, whether successful or silly.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends! Let's spread out and do some challenges together. We'll move our bodies in lots of different ways. Some might be hard, but let's go give it a try!"

During the Activity: "Can you stand on one foot and touch your nose? (*Pause.*) Whoa, that's hard. Can you spin around five times without falling? Ready? I'll count and you spin. One, two, three, four, five! Wow!



EveryChild Tips

- Adapt movements (for example, instead of hopping, have children clap or stomp).
- Provide a smaller personal space for children who may not like crowded movement play.
- Use simple action cards with pictures to cue each challenge.

5 min

Catch It if You Can | Made to Move

What You Need

- ☺ Small soft ball Several
- ☺ Plastic cups Several
- ☺ Optional EveryChild Supplies:- Beach ball Several
- ☺ Optional EveryChild Supplies:- Laundry basket Several



EveryChild Tips

Roll a beach ball for children to catch with the laundry basket and roll back.

5 min

Journal and Prayer | Made to Reflect

Can you snap your fingers? *(Pause.)* That's tricky too! Great job! Let's keep going and try some more challenges."

After the Activity: "Those were some really hard things we did, but nothing is too hard for Jesus. In our Bible Story today, Jesus did something amazing that no one else could do. He turned water into wine. Jesus is God's Son, and He can do anything. **Who is amazing? [Bottom Line] Jesus is amazing!**"

What You Do:

Before the Activity: Sit on the floor in a circle. Give each child a cup, then demonstrate how to catch the ball under the cup

During the Activity: Call a child's name, then gently roll the ball to that child. Cheer for the child to catch the ball with their cup. Ask child to roll it back and catch it with your cup. Continue with each child.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends, come sit in a circle with me. *(Pause.)* I have a game for us to play. Watch me. *(Roll the ball and catch it under your cup.)* I caught the ball with my cup."

During the Activity: "See how I caught the ball with the cup? That's what I want you to do when I roll it to you. [Child's name], here it comes! *(Gently roll the ball to the child.)* Hooray! You did it! Roll the ball back to me. *(Catch the ball with your cup.)* Now it's [child's name]'s turn! *(Continue until each child has a turn.)* That was a hard game, but it was super fun to play with you today!"

After the Activity: "In our Bible Story today, Jesus did something that no one else could do. He turned water into wine. That's because Jesus is God's Son, and nothing is too hard for Him. **Who is amazing? [Bottom Line] Jesus is amazing!** One more time!**Who is amazing? [Bottom Line] Jesus is amazing!**"

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

What You Do:

Before the Activity: Copy "Memory Verse Card" on cardstock and cut one per Small Group. Place one card in your Bible at Luke 5:26. *Note: Keep this card in your Bible all month long.*

What You Need

 "Memory Verse Card" from the Home folder	1
 Cardstock	1
 Bible	1
 Journal	1
 Fun-shaped pen	1
 Scissors	1

Encourage children to put their hand to their mouth to make a horn. Ask children to toot their hand horns as you lead them to your Small Group spot. Sit down and gather the children around you.

During the Activity: Review the Memory Verse and Hand Motions. Then, encourage the children to help you make a list in the journal of the amazing things Jesus has done.

After the Activity: Pray with the children using the list you made in the journal.

What You Say:

Before the Activity: "It's Small Group time! Today we're going to make party horns with our hands, like this, while we walk to our Small Group spot. (Pretend one of your hands is a horn and make a horn sound.) Now you make a party horn with your hand and follow me! (Encourage the children to play their party hand horn as you lead the children to your Small Group spot.) That was fun! Now let's sit down so we can talk about today's Bible Story. One, two, three, sit down with me!"

During the Activity: (Open the Bible and lay it in front of the children.) "In our Bible Story, Jesus did something that only He can do. Do you remember what Jesus did? (Pause.) Yes! Jesus turned six big jars of water into a special wedding drink called wine. Jesus is amazing! That's why when I ask you, **'Who is amazing?'** you can say, **[Bottom Line] Jesus is amazing!** Ready? **Who is amazing? [Bottom Line] Jesus is amazing!**

"The Bible verse we're learning says: 'We have seen (point to self) amazing things today!' (Hands like binoculars, open and shut.) Luke 5:26 (open hands like a book). Let's say that together! Just stand up and say what I say and do what I do! 'We have seen (point to self) amazing things today!' (Hands like binoculars, open and shut.) Luke 5:26 (open hands like a book).

"Way to go! Now let's sit down so we can write in our prayer journal and talk to God. (Open journal.)

Today, we'll make a list of amazing things Jesus has done. It can be anything we've heard from other Bible stories about Jesus. If you think of something, just say it. We'll make this list together. (As you talk together, write down what the children say in the journal. Remember to print so the children can recognize the letters.)

After the Activity: (Hold up the journal for the children to see.) "Look at all these amazing things Jesus has done! Jesus really is amazing! Let's use our list when we pray. Would anyone like to pray before I pray? (Give each child who wants to pray the opportunity to do so.) Dear God, thank You for loving us so much that You sent Jesus to be our AMAZING friend forever. Jesus really is amazing! Only Jesus can do amazing things, like (read the list you made with the children). You are awesome, God, and we love You. In Jesus' name, Amen."

Supplies

Fill it Up Made to Move	Quantity
1. Large, clear plastic bowls	1
2. Blue pom-poms	1
3. Plastic container	1
4. Painter's tape	1

Memory Verse with Motions Made to Move	Quantity
1. Optional EveryChild Supplies:- "Memory Verse Hand Motions" PDF	Several
2. Optional EveryChild Supplies:- Cardstock	Several
3. Optional EveryChild Supplies: VELCRO® dots	Several
4. Optional EveryChild Supplies: Scissors	1

Catch It if You Can Made to Move	Quantity
1. Small soft ball	Several
2. Plastic cups	Several
3. Optional EveryChild Supplies: Beach ball	Several
4. Optional EveryChild Supplies:- Laundry basket	Several

Journal and Prayer Made to Reflect	Quantity
1. "Memory Verse Card" from the Home folder	1
2. Cardstock	1
3. Bible	1
4. Journal	1
5. Fun-shaped pen	1
6. Scissors	1