

5 min

Opener

5 min

K1 Opening Activity

What You Need

👤 Offering Container 1

What You Do:

- Welcome the kids with a high-five or fist bump.
- Invite kids who have brought an offering to put it in the offering container.
- Explain to the group that you're going to play a game called "Say or Do." It's a bit like Truth or Dare, but with a twist.
- Ask for a volunteer to go first. Ask them, "Say or Do?"
- If they choose "Say," direct them to say something nice to someone else in the group. (e.g., "You are an awesome friend" or "I like your smile.")
- If they choose "Do," instruct them to do something kind for someone else. (e.g., "Give a high-five" or "Give someone a thumbs-up.")
- The kid who received the kind word or action gets to go next.
- Continue until everyone has had a turn to either say or do something kind.

- *Provide a visual list of kind "Say" and "Do" options that kids can point to if they have trouble thinking of one on the spot.*
- *For a kid who is shy, allow them to whisper their "Say" choice to you, and you can repeat it for the group.*

5 min

Bible Story Review

"That was so great! It feels good to say and do kind things for each other. Being kind is a big part of living for God. **[Transition]** In our true story from the Bible today, Jesus shows kindness to someone whom other people weren't very kind to. Let's go see what happens!"

What You Say:

5 min

K1 - Matthew Maze | Made to Create

What You Need

 Bible	1
 "Matthew Maze" Activity Page	0
 Pencil	0
 Inclusive Optional Supplies: Adaptive grips for pencils	0

What You Do:

- Open the Bible and read Luke 5:27-32.
- Give each kid a "Matthew Maze" Activity Page and a pencil.
- Review the story of Jesus choosing Matthew. Remind the kids that when Jesus said, "Follow me," Matthew stopped what he was doing and followed Jesus right away. Then Matthew hosted a banquet to introduce all his friends to Jesus.
- Tell the kids that their job is to help Matthew and Jesus get to Matthew's house for the party.
- Instruct them to use their pencil to draw a line through the maze, starting with Jesus and Matthew and ending at the house.

- Offer adaptive grips for pencils.

5 min

Memory Verse Activity

5 min

K1 - Run the Verse | Made to Move

What You Need

 Bibles	Several
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What You Do:

Divide the kids into groups of two.

"Great job helping Matthew and Jesus get to the party! Matthew made a wise choice to follow Jesus. He left his old life behind to start a new life living for God."

What You Say:

"Great job! That was a fun way to practice our verse. Our verse tells us that training our bodies is good, but training ourselves to be godly—to live for God—is even better. And that's what we're learning to do today: to **[Bottom Line] practice living for God!**"

Give each pair of kids a Bible marked at 1 Timothy 4:8.

Demonstrate how to look up the verse using the Bible Navigation Tips.

Finding verses with kindergartners: Guide children to open their Bibles to the marked page. Point to the book name at the top of the page as you say it aloud. Then, guide children to find the big number on the page—this is the chapter number. Finally, guide them to look under the big number for the little number; this is the verse number. Tell them to leave their finger on the verse as you read it aloud. Then, lead everyone to say the verse together.

Finding verses with 1st graders: Guide them to open their Bibles to the front and find the table of contents. (Hold up a Bible opened to the table of contents to show the kids what the page looks like.) When the kids find the table of contents, lead them to find the name of the book in the list. You can help by pointing out the first few letters of the book's name. When the kids find the book, lead them to look at the page number beside it. Explain that the number tells them on what page they can find that book. Help the kids find the page. When they find the book, explain that the big numbers on the page are the chapter numbers. Help them find the right chapter. Then explain that the small numbers are verse numbers. Help them find the correct verse in that chapter.

- Repeat the verse together several times.
- Review any words that might be unfamiliar to the kids.
- Invite the kids to put their Bibles aside.
- Encourage the kids to stand in a line on one side of the room.
- Tell them that you are going to say the Memory Verse while doing an action, and they need to do it with you.
- Start by running in place. While you run, say the verse together: *Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.* —1 Timothy 4:8
- Stop and repeat the verse again, while doing a different action—like jumping jacks, hopping on one foot, or marching.
- Let the kids suggest other fun actions to do while you say the verse together.

- Carefully select movements so all kids can participate (e.g., pretend to lift weights, stretch, pat your head, and rub your tummy).

5 min

Prayer

5 min

K1 – Hot Potato Prayers | Made to Play

What You Need

 Soft Ball or Bean Bag 1

What You Do:

- Invite the kids to sit in a circle with you.
- Explain that you're going to play Hot Potato, but with a prayer twist.
- Start by passing the "hot potato" around the circle.
- When you say "Stop!," instruct the kid holding the ball to say a one-sentence prayer.
- Give them a prompt, like: "Thank You, God, for ..." or "God, please help ..."
- After the kid shares their prayer, start the game again.
- Continue until several kids have had a chance to pray.

What You Say:

"That was a wonderful way to pray together. Talking to God is part of our game plan for living for Him. Let's finish with one more prayer."

"Dear God, thank You for showing us through Matthew's story what it looks like to follow You. Help us to make the wise choice to live for You every day. Show us how we can be kind and a good friend to everyone we come across in our lives. We love You, and we pray these things in Jesus' name. Amen."

Supplies

K1 Opening Activity Quantity

- | | | |
|----|--------------------|---|
| 1. | Offering Container | 1 |
|----|--------------------|---|

K1 - Matthew Maze | Made to Create Quantity

- | | | |
|----|---|---|
| 1. | Bible | 1 |
| 2. | "Matthew Maze" Activity Page | 0 |
| 3. | Pencil | 0 |
| 4. | Inclusive Optional Supplies: Adaptive grips for pencils | 0 |

K1 - Run the Verse | Made to Move Quantity

- | | | |
|----|--------|---------|
| 1. | Bibles | Several |
|----|--------|---------|

K1 - Hot Potato Prayers | Made to Play Quantity

- | | | |
|----|-----------------------|---|
| 1. | Soft Ball or Bean Bag | 1 |
|----|-----------------------|---|