

3-5 Year-Olds

Small Group

October — Week 2

Small Group Leader Guide

Today's Suggested Schedule

Prelude: Setting the tone for the experience

See the Getting Ready pages at the end of this document for a detailed description of what you'll need for today. In the Prelude folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

1. Sling the Stone
2. Big and Small
3. How Many Are You?

Large Group (20 minutes)

Worship: Inviting people to respond to God Story: Communicating God's truth in engaging ways

- "Super Duper Kid" and "Be Brave"
- Bible Story
- Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

1. Super Kid Flyover
2. David and Goliath
3. Super Kids
4. Super Brave Adventure
5. Super Kid Shield
6. Journal and Prayer

Home: Prompting action beyond the experience

- Going Home
- Memory Verse Card
- Parent Cue Card (print or email)
- [Parent Cue App](#) and ParentCue.org

THIS MONTH



Today's Bible Story

I can be brave because God is with me.

David and Goliath

1 Samuel 17:1-50

Key Question

Who can help you be brave?

Bottom Line

God can help me be brave.

Memory Verse

"Be strong and courageous. Do not be afraid... for the Lord your God goes with you."

Deuteronomy 31:6 NIV



Inclusive Pro Tips

This leader guide is designed to be inclusive of children with a disability who attend a group with their peers. See highlighted sections below for additional inclusive pro-tips. Check out the Special Needs Resource Kit for more ideas for adapting each segment.

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SOCIAL 2/3

Big and Small



What You Need

- Large and small pom-poms in a variety of colors



Inclusive Pro Tips

Offer a small portion for each child and allow them to create their own big and small piles.

Pair children up, allowing them to help one another and making the activity more accessible for kids who may need extra guidance.

① What You Do

Before the Activity

1. Put pom-poms in the middle of the table.

During the Activity

1. Invite children to sort them into groups of big and small.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Come to the table and see what we get to play with today. **(PAUSE.)** Look at all these colorful pom-poms!"

During the Activity

"I see some big pom-poms and some small ones, they're all mixed together. I have an idea! Let's separate the big ones into a pile and the small ones into another pile. Will you help me? **(PAUSE FOR RESPONSES.)** Great! Let's get started! **(PAUSE.)** Wow, great job! Look, all the big ones are over here. **(POINT TO PILE.)** And all the small ones are over here. **(POINT TO PILE.)** That's a lot of pom-poms! Thank you for helping me sort them into big piles and small piles."

After the Activity

"In today's true story from the Bible, we're going to hear about a small boy named David, and a really, really big man named Goliath. We'll hear how God helped David be brave against Goliath. Are you ready to hear our Bible Story? Me too. Let's go!"

Transition → Move to Worship and Story by walking on their tip toes with arms up high to be super tall!

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GROUPS 1/6

Super Kid Flyover



Memory Verse Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

→ No Supplies Needed



Inclusive Pro Tips

If a child has limited mobility, encourage them to signal their turn by raising their hand or making a fun superhero pose instead of running across.

Some children may not feel comfortable running or being in the spotlight. Give them the option to “fly” in place, clap along, or cheer for their friends instead.

① What You Do

Note → You can find examples of hand motions in the “Memory Verse Hand Motions” PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Gather children together in the open space of the activity area.
2. Review the Memory Verse with the motions.
3. Invite the children to stand in a line against a wall in the room.

During the Activity

1. Say the verse together then call out one child out a time and encourage them to “fly” like superheroes.
2. Continue with each child.
3. Repeat as desired.

After the Activity

Connect the Memory Verse to the Bottom Line.

② What You Say

Before the Activity

“Friends, come over here and let’s do the motions as we say our Memory Verse. Ready? ‘Be strong and courageous. (MUSCLE ARMS) Do not be afraid . . . (CROSS AND UNCROSS HANDS) for the Lord your God (FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN) goes with you, (MARCH IN PLACE) Deuteronomy 31:6. (OPEN HANDS LIKE A BOOK.) Fantastic! Everyone, go stand against that wall. I have a fun game where we get to practice our memory verse AND be brave super kids, just like David! When I say your name, you get to fly to me like a superhero!”

During the Activity

“Let’s say our verse together! When I call your name, be brave and fly over like a superhero! ‘Be strong and courageous... for the Lord your God goes with you,’ [CHILD’S NAME]! Fly like a superhero [CHILD’S NAME]! (PAUSE.) Great job! Let’s do that again and bring another super kid over! (CONTINUE WITH EACH CHILD.) Look at all our super brave super kids!” (REPEAT AS DESIRED.)

After the Activity

“You were all so brave, just like David! God helped David be brave to go against the giant, Goliath. David was courageous because he knew that God was with him. God helped David be brave and God can help you be brave too! Who can help you be brave? [BOTTOM LINE] God can help me be brave.”

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GROUPS 3/6

Super Kids



Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- "Super Kids" Activity Page
- Cardstock
- Crayons
- Permanent marker
- Painter's tape

Inclusive Optional Supplies

- Foam shape stickers
- Dot Markers



Inclusive Pro Tips

Some children may have difficulty coloring or writing. Provide stickers or pre-cut shapes.

If a child is nonverbal or struggles with expressive language, offer picture choices or visuals to help them express when they need to be brave.

① What You Do

Before the Activity

1. Copy "Super Kids" on cardstock, one per child.
2. Write each child's name on the back of their paper.

During the Activity

1. Give each child a superhero outline and encourage them to color it to look like themselves.
2. Once they finish coloring, ask each child to finish the sentence, "I can be brave when..."
3. Tape all the pictures on the walls in the hallway.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Super friends! Come to the table with me. Today, we are going to make superhero pictures of ourselves!"

During the Activity

"Color the person on your paper to look like you. **(PAUSE.)** Great! Now, think about a time when you needed to be brave. I'll help you write it on your shield. **(PAUSE.)** These are great answers! Every super kid has a special power, and our power is bravery because God helps us be brave. I'm going to hang your pictures in the hall so everyone can know that God can help them be brave!"

After the Activity

"Today in our Bible Story, we learned that David was brave because he knew God was with him. God can help you can be brave too because God is with you! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave! That's right! Let's say that one more time. Who can help you be brave? **[BOTTOM LINE]** God can help me be brave!"

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GROUPS 6/6

Journal and Prayer

Prayer Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- "Memory Verse Card" from the Home Folder
- Bible
- Journal
- Fun-shaped pen



① What You Do

Note → You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Copy "Memory Verse Card" on cardstock and cut, one per Small Group.
2. Encourage the children to make a super kid pose as you lead them to your Small Group spot.
3. Sit down and gather the children around you.

During the Activity

1. Review the Bible Story and Memory Verse Hand Motions, then encourage the children to help you make a list in the journal of places they go to.

After the Activity

Pray with children using the list you made in the journal.

Before the Activity

"It's Small Group time! And since you are super kids, we are going to make a super kid pose while we walk to our Small Group spot! Do what I do and close one fist, like this. Now put it on your hip. Then close your other fist and hold it high in the air, like this! **(DEMONSTRATE)** There you go! Keep making your super kid pose and follow me! **(MAKE THE SUPER KID POSE AS YOU LEAD THE CHILDREN TO YOUR SMALL GROUP SPOT.)**

We made it, super kids! Let's sit down so we can talk about today's Bible Story. One, two, three, sit down with me!"

Continued on the next page. →

GROUPS 6/6

Journal and Prayer

Prayer Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- "Memory Verse Card" from the Home Folder
- Bible
- Journal
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② What You Say

During the Activity

(OPEN THE BIBLE AND LAY IT IN FRONT OF THE CHILDREN.) "In our Bible Story, today, young David was super brave to walk out and face the giant Goliath! David had a sling and some stones, but that's not what made David so brave. Do you remember WHO was with David that made David so brave? **(PAUSE.)** David was brave because he knew that GOD was with him! Knowing that God is bigger than anything and that God was always with him helped David be brave. And guess what! God can help you be brave too! That's why when I ask, Who can help you be brave? you say, **[BOTTOM LINE]** God can help me be brave! Stand up and make a super kid pose and let me hear you say it! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave! Again! Who can help you be brave? **[BOTTOM LINE]** God can help me be brave! Yay! **[BOTTOM LINE]** God can help me be brave!

"God helped David be strong and courageous. That's another way of saying God helped David be brave. The Bible verse we are learning says, 'Be strong and courageous. **(MUSCLE ARMS)** Do not be afraid . . . **(CROSS AND UNCROSS HANDS)** for the Lord your God **(FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN)** goes with you,'" **(MARCH IN PLACE)** Deuteronomy 31:6. **(OPEN HANDS LIKE A BOOK.)** Let's stand up, again, and say that Bible verse together! Just say what I say and do what I do! 'Be strong and courageous. **(MUSCLE ARMS)** Do not be afraid . . . **(CROSS AND UNCROSS HANDS)** for the Lord your God **(FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN)** goes with you,'" **(MARCH IN PLACE)** Deuteronomy 31:6. **(OPEN HANDS LIKE A BOOK.)**

"Wow! That was SUPER! **(GIVE EACH CHILD HIGH FIVES.)** Now let's sit down so we can write in our prayer journal and talk to God. **(OPEN JOURNAL.)** Knowing that God was with him wherever he went helped David be brave. Let's make a list of places we go to in our prayer journal. Then we can use the list when we pray. When I say your name, tell me a place you go to, and I will write it in our journal." **(REMEMBER TO PRINT, AS YOU WRITE IN THE JOURNAL, SO THE CHILDREN CAN RECOGNIZE THEIR NAMES AND THE LETTERS.)**

After the Activity

"We go to a lot of places! **(HOLD UP JOURNAL.)** Let's pray and ask God to help us be brave. Would anyone like to pray before I pray? **(GIVE EACH CHILD WHO WANTS TO PRAY THE OPPORTUNITY TO DO SO.)** Dear God, only You have the power to always be with us wherever we go. Please help **(SAY EACH CHILD'S NAME)** remember that we don't have to be afraid. We can be brave, because You are always with us! When we go to the **(NAME A PLACE ON THE LIST)**, You are there! When we go to the **(NAME A PLACE ON THE LIST)**, You are there! When we go to... **(KEEP SAYING THIS WITH EACH PLACE ON THE LIST)**. You are awesome, God, and we love You! In Jesus' name. Amen."