

KIDMUNITY | God's Word, My Life

Lesson One: More Than a Book

Small Group Guide

Bottom Line:

The Bible is God-breathed and full of life.

Memory Verse:

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness." – 2 Timothy 3:16

Activity One: Puff Puff Power

Introduction for Leaders

This activity gives kids a fun, hands-on way to understand what it means that the Bible is *God-breathed*. Just like the pom-poms can't move without breath, the Bible has power and life because God breathed His truth into it. The goal is for kids to see that the Bible is not just words on a page – it is alive and active because it comes from God.

Supplies Needed

- Plastic straws (1 per child)
- Pom-poms (craft kind, lightweight, 1-2 per child)
- Masking tape (to mark lanes or a finish line)
- Table or open floor space

Game Instructions

Younger Kids (K-1st)

- Line kids up in lanes on the floor.
- Each child has a pom-pom and a straw.
- On "Go!" they blow their pom-pom toward the finish line.
- First pom-pom across wins! Play 2-3 rounds.

Older Kids (2nd-5th)

- Play on a table: 2-4 kids at a time, each with a pom-pom.

- Objective: blow their pom-pom across to the opponent's side before theirs gets blown off.
- Winner stays in; rotate challengers.

Teaching Connection

Debrief Questions:

- "What made your pom-pom move? Could it move on its own?" (Answer: No, it needed your breath.)
- Say: "That's exactly how the Bible works. The Bible isn't just words on a page. It has power and life because it is God-breathed. Just like your breath gave the pom-pom power to move, God's Spirit gave His Word power and life."

Bottom Line Connection:

The Bible is God-breathed and full of life.

Discussion Questions (Age Specific)

Kinder / 1st

- Who gave the Bible its power? Why?
- How is the Bible different from other books we read?

2nd / 3rd

- The pom-pom only moved with your breath. How does that help you understand what "God-breathed" means?
- Why is it important to know the Bible comes from God and not just people?

4th / 5th

- If the Bible is God-breathed, how should that change the way we read and use it?
- What would you say to a friend who thinks the Bible is just words written by people?

Activity Two: The Fantastic Four

Introduction for Leaders

This activity helps kids understand and remember the four things God's Word is useful for in 2 Timothy 3:16: teaching, rebuking, correcting, and training. By using everyday props, kids will see that the Bible isn't just words on a page but God's Word that actively shows

us truth, points out when we're wrong, helps us make things right, and trains us to live His way. The goal is for kids to walk away knowing Scripture is practical, powerful, and useful for their lives.

Supplies Needed

- Bible (open to 2 Timothy 3:16)
- Map (paper map, atlas, or GPS picture)
- Whistle (or make the sound)
- Red pen or marker
- Stopwatch (or phone timer/ toy whistle)

Step 1: Read the Verse Together

- Hold up the Bible.
- Say: "This verse tells us four ways God's Word helps us. Let's read it together."
- Read 2 Timothy 3:16 aloud as a group.
- Transition: "Now let's use some props to see what each of those words means."

Step 2: Teaching (Map)

- Hold up the map.
- Say: "The Bible is useful for teaching. That means it shows us what is true and right. A map shows us where to go so we don't get lost. In the same way, God's Word shows us how to live and teaches us the truth about God."
- Ask: "Can you think of something the Bible teaches us? (Examples: God loves us, Jesus died for us, love others.)"

Step 3: Rebuking (Whistle)

- Blow the whistle.
- Say: "The Bible is useful for rebuking. That means pointing out what's wrong. Like a referee blowing the whistle when someone breaks the rules. The Bible tells us when we're making wrong choices — like lying, disobeying, or being unkind."
- Ask: "Why do you think it's important to know when we've done something wrong?"

Step 4: Correcting (Red Pen) (3–4 min)

- Hold up the red pen, pretend to mark a paper.
- Say: "The Bible is useful for correcting. That means helping us fix what's wrong and get back on track. A good teacher doesn't just say, 'You're wrong.' They show you the right way. God's Word does the same — it points us back to the better path."
- Ask: "What's better: just being told you're wrong, or being shown how to make it right? Why?"

Step 5: Training (Stopwatch) (3–4 min)

- Hold up the stopwatch.

- Say: “The Bible is useful for training. That means practicing how to live God’s way every day. Athletes practice over and over so they’re ready for the game. God’s Word trains us by helping us practice good habits — like kindness, prayer, forgiveness, and obedience.”
- Ask: “What’s one good habit you could practice this week with God’s help?”

Step 6: Wrap-Up & Recap

- Review the four words together: Teaching, Rebuking, Correcting, Training.
- Point to each prop and have kids shout the word. Repeat 2–3 times, faster each round.
- Say: “The Bible is God-breathed and useful! It teaches us what’s right, rebukes us when we’re wrong, corrects us to help us get back on track, and trains us so we can keep living God’s way.”
- End by saying the whole verse together again.

Discussion Questions

Kinder / 1st Grade

- Who gave us the Bible?
- What makes the Bible different from other books?
- What does “God-breathed” mean? (God gave it His life and power.)
- Can you name one way the Bible helps us? (teaching, rebuking, correcting, training)

2nd / 3rd Grade

- Why is it important to know the Bible comes from God and not just people?
- How did our games today (balloon, pom-poms, portraits, props) help you understand “God-breathed”?
- Which of the four things (teaching, rebuking, correcting, training) do you think you need most right now?
- How can you use the Bible at home this week?

4th / 5th Grade (4 Questions)

- Why do you think God used people with different styles to write the Bible instead of just giving one book from heaven?
- How does knowing the Bible is God-breathed give you confidence to trust it?
- Which of the four words — teaching, rebuking, correcting, training — do you think is the hardest for people to accept? Why?

- If a friend said, “The Bible is just an old book,” what could you say to show it’s God’s Word?