

# Small Group Leader Guide



## Today's Suggested Schedule

### Prelude: Setting the tone for the experience

See the Getting Ready pages at the end of this document for a detailed description of what you'll need for today. In the Prelude folder of your curriculum, you'll find a variety of other resources to help you prepare.

### Small Group (15 minutes)

#### Social: Providing time for fun interaction

1. Opening Activity

### Large Group (35 minutes)

#### Worship: Inviting people to respond to God

#### Story: Communicating God's truth in engaging ways

- Opener
- Worship
- Bible Story (sections about God's Big Story are listed as optional)
- Prayer

### Small Group (25 minutes)

#### Groups: Creating a safe place to connect

1. Take a Snapshot
2. Bible Story Extension and Discussion Questions
3. Verses to Take with You
4. Make It Personal with Prayer

#### Home: Prompting action beyond the experience

- Devotionals for Kids
- Parent Cue Card (print or email)
- [Parent Cue App](#) and [ParentCue.org](#)

✦ Need activities for a K-5th group? Check out the 2nd-3rd grade guide.

THIS MONTH



## Today's Bible Story

### Moses

**Burning Bush, Plagues, Red Sea**  
Exodus 3-6:12, 7-12:42; 13:17-14:31

### Conversation Starter

**When have you tried something new?**

### Bottom Line

**God can give you courage when you don't feel ready.**

### Memory Verse

**"When I'm afraid, I put my trust in you."**  
Psalm 56:3



### Inclusive Pro Tips

This leader guide is designed to be inclusive of children with a disability who attend a group with their peers. See highlighted sections below for additional inclusive pro-tips. Check out the Special Needs Resource Kit for more ideas for adapting each segment.

## SOCIAL

# Opening Activity

## What You Need

- No Supplies Needed



## ① What You Do

**Pray for your group before they arrive** → Pray for kids who will visit your group for the first time. Think about a time when you didn't feel ready for something but had to step forward anyway. Thank God for giving you courage in that moment! Thank God for sending the Holy Spirit to help you take the first step even when you feel unsure. Ask God to help the preteens understand that they don't have to feel 100% ready because God will always be with them! Pray that they would learn to rely on God when they feel nervous or unsure. Pray that the Holy Spirit would help them take bold, confident steps toward new things!

1. Invite the kids to form groups of two.
2. Tell the kids they will play a game called "Staff-Fire-Water" (like Rock-Paper-Scissors).

### How to Play:

1. To begin each round, kids say, "Staff-Fire-Water, Go!"
2. On "Go!" each kid should do one of the following motions:
  - Staff: Hold out a fist like gripping an imaginary staff. (Staff beats water.)
  - Fire: Wiggle fingers like a flame. (Fire beats staff.)
  - Water: Move a hand in a wavy motion like water. (Water beats fire.)
3. Each pair will play best out of three rounds to determine a winner.
4. Switch pairs and play again if time allows.

## ② What You Say

"That was so fun! We used a staff, fire, and water to play this game. Any guesses about how these things relate to today's Bible Story? **(INVITE RESPONSES.)** **[TRANSITION]** In today's true story from the Bible, we'll hear about someone who wasn't sure he was ready for what God was asking him to do. But God gave him something He can give us all—**COURAGE!** God helped him use a staff, fire, and water in an **EPIC** way to lead His people. Let's go!"

**Transition** → Lead your group to the Large Group area.

### Inclusive Pro Tips



For an option with less movement, offer pictures of water, fire, and staff for kids to point to.

Preteen

Small Group

September — Week 1

GROUPS 3/5

# Discussion Questions



Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

No Supplies Needed



Inclusive Pro Tips

Read each question twice and give the kids time to process before prompting them to respond.

Reduce the number of questions.

Provide a small ball to toss from kid to kid as each kid shares.

Provide fidget tools for every kid to hold while discussing.

Offer sentence starters to support students who struggle to express their ideas. Example:  
"I \_\_\_\_." "I feel nervous when I \_\_\_\_."

## ① What You Do

Ask the following:

1. When have you tried something new?
2. What are some things that make you feel nervous or unprepared?
3. How do you think Moses felt when God asked him to go to Egypt and talk to Pharaoh?
4. How can trusting God help us take the next step when we don't feel ready?
5. Sometimes we don't feel ready for what's ahead, but God's Spirit is always with us! What's something coming up in your life that you can ask the Holy Spirit to help you with?

## GROUPS 4/5

# Verses to Take with You



## Memory Verse Activity

### Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

### What You Need

- Bibles
- Index Cards
- Coloring Supplies



### Inclusive Pro Tips

Write the verse on the card in advance for each group.

Offer to do this activity as a large group with the Small Group leader as the guide.

## ① What You Do

1. Divide the kids into groups of three and give each group a Bible. (A group of four is fine!)
2. Lead them to look up Psalm 56:3 using the Bible Navigation tips.
3. Repeat the verse several times together.
4. Give each group an index card.
5. Set out the coloring supplies.
6. On one side of the index card, invite the kids to write Psalm 56:3.
7. On the other side, instruct the groups to come up with their own words to create a new way to rewrite Psalm 56:3.
8. If the kids need help getting started, share a few examples:
  - "When life feels shaky, I'll choose to trust You."
  - "God's got me even when I'm nervous."
9. Invite the kids to decorate their cards with symbols that will help them remember the verse.
  - Kids might draw a storm cloud, a heart, a cross, or an anchor.
10. Bring the groups together.
11. Invite the groups to share their new sentences with the entire group.
12. Repeat Psalm 56:3 together again.
13. Ask:
  - What stands out to you about Psalm 56:3?
  - Why do you think David needed to say it?
  - How was David's heart reminded of the truth when he said this truth?
14. Explain to the kids that Psalm 56:3 isn't just a cool verse—it's God's Word! God can speak to us through it! He can encourage our hearts with it! They can speak it out loud as a reminder that no matter what's going on, whether they're worried, or things feel uncertain—they can trust God! He is with them and He will help!

### \*Finding verses with 4th-5th graders

- ① Ask kids to tell you if the book of the Bible they're looking for is in the Old Testament or New Testament. If it's in the Old, instruct kids to flip slowly, starting at the front of the Bible and heading toward the back, until they find the book they're looking for. If it's in the New, instruct kids to start flipping from the back, going forward to find the book they're looking for.
- ② When they find the book, explain that the big numbers on the page are the chapter numbers.
- ③ Once they find the chapter, explain that the small numbers are verse numbers. Tell kids to find the verse within the chapter they've already found.

Preteen

Small Group

September — Week 1

GROUPS 5/5

# Pray and Dismiss

## Prayer Activity

### Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

### What You Need

- Pens or Pencils
- Index Cards



## ① What You Do

1. Gather the kids in a seated circle.
2. Give each kid a pen or pencil and an index card.
3. Say something like:
  - "Has something ever come up that made you feel just . . . not ready? Maybe it was your first basketball practice on a new team, or perhaps you needed to apologize to a friend, but you felt nervous about it and didn't know how they would respond."
4. Invite the kids to write down one thing they don't feel prepared for.
  - This could be an upcoming event, a conversation, a doctor's appointment, etc.
5. As the kids finish, direct them to place their cards in the center of the circle facedown.
6. Explain to the kids that they're placing their cards in the center as a way of saying, "God, I'm giving this to You, and I trust You with it!"
7. Ask if anyone would like to pray for the group.
8. Close the group in prayer, asking God to remind the kids that He's always with them. Ask God to give them the courage to do hard things!

### Inclusive Pro Tips



Give concrete examples of what makes kids feel unprepared both verbally and visually.

Allow kids to hold on to their cards instead of placing them in the center.

Invite kids to draw instead of writing.