



TODAY'S SUGGESTED SCHEDULE

BIBLE STORY

God helps us do big things.

DEBORAH
JUDGES 4:1-10, 14; 5:1-31

MEMORY VERSE

"I know that God helps me."

PSALM 54:4, NIRV

KEY QUESTION

Who helps you do big things?

BOTTOM LINE

God helps me do big things.

BASIC TRUTH

God loves me.

PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

SMALL GROUP

15
MIN

SOCIAL: Providing time for fun interaction

Offer one or more of these activities as preschoolers arrive.

- Taking Count
- Hidden Messages
- Water Xylophone 

LARGE GROUP

20
MIN

WORSHIP: Inviting people to respond to God

STORY: Communicating God's truth in engaging ways

"Big, Big Things" and "Happy Day"

- Bible Story
- Prayer

SMALL GROUP

25
MIN

GROUPS: Creating a safe place to connect

Offer as many of these activities as your time, facilities, resources, and leadership allow.

- Celebrate
- Music and Motions
- Secret Message
- Tell Me a Message
- Deborah Under the Tree
- Journal and Prayer

HOME: Prompting action beyond the experience

- Going Home
- Memory Verse Card
- Parent Cue Card (*print or email*)
- Parent Cue App



This symbol indicates an activity with potential allergens. Be sure to post allergy alert sign and inform parents at drop-off.



WEEK
THREE
MAY 2025

SMALL GROUP
3-5 YEAR
-OLDS

PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



1. TAKING COUNT

WHAT YOU NEED: Pom-poms in a variety of colors

WHAT YOU DO:

BEFORE THE ACTIVITY: Hide pom-poms all around the room.

DURING THE ACTIVITY: Encourage children to collect all the hidden pom-poms. Ask children to bring the pom-poms back to the table. Once all the pom-poms are found, sit down and count them.

AFTER THE ACTIVITY: Introduce the Bible Story.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, I have hidden pom-poms just like these all around the room. Will you help me find them? *(Pause.)* Yay! Hooray!"

DURING THE ACTIVITY: "Okay, go look around the room for all the pom-poms! *(Pause.)* Super! You found some! Put them on the table and go look for more. *(Pause.)* Super job! I think we found them all. Come to the table and let's count how many you found. One, two, three . . . *(continue counting)*. Wow! You found a lot of pom-poms. We counted [number] pom-poms! That's such a big number!" *(Reset and repeat as desired.)*

AFTER THE ACTIVITY: "Today, we are going to hear a story from the Bible about an even bigger number. The number is 10,000. 10,000 is such a big number! I don't think I can even count that high! Come on, friends, let's go hear more about this big number and what it means."

TRANSITION: Move to Worship and Story by counting how many steps it takes you to reach the designated area.

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PRELUDE SOCIAL WORSHIP STORY **GROUPS** HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



4. TELL ME A MESSAGE

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

BEFORE THE ACTIVITY: Ask the children to line up on one side of your activity area while you stand on the other side.

BIBLE STORY

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DEBORAH

JUDGES 4:1-10, 14; 5:1-31

DURING THE ACTIVITY: Call children one at a time and ask them to run to you and whisper a simple message. Say the message out loud to everyone. Continue with each child.

AFTER THE ACTIVITY: Review the Bible Story and Bottom Line.

MEMORY VERSE

"I know that God helps me."

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, I need all of you to stand over here while I go to the other side. I'm going to sit on the floor, and when I call your name, I want you to run to me and whisper a message in my ear. That message can be your favorite color, favorite food, that you love Jesus, or anything. Then I'll tell the whole class. Ready?"

PSALM 54:4, NIRV

DURING THE ACTIVITY: "[Child's name], come and tell me a message. (Pause.) What a great message! Friends, [child's name]'s message was [message]. Great job, run back! [Child's name], come and tell me a message! (Continue with each child. Repeat as desired.) That was so fun! Thanks for sharing all your wonderful messages with me!"

KEY QUESTION

Who helps you do big things?

AFTER THE ACTIVITY: "In our Bible Story today, we learned about a woman named Deborah. She had a big job. Deborah listened to God and gave people messages from God. Deborah led God's people, the Israelites. She helped them know what was right. God helped Deborah do big things, and God will help you do big things too! **Who helps you do big things? God helps me do big things.**"

BOTTOM LINE

God helps me do big things.

BASIC TRUTH

God loves me.



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PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CREATE

an activity that allows preschoolers to review the Bible Story, Bottom Line, or Memory Verse by creating a craft



5. DEBORAH UNDER THE TREE

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: "Deborah Under the Tree" Activity Page, cardstock, washable markers or crayons, scissors, and permanent maker

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Deborah Under the Tree" on cardstock and cut, one set per child. Cut the slits in each child's set of pictures. Write each child's name on their paper.

DURING THE ACTIVITY: Ask children to color their cutouts. Help each child slide their two tree pieces together, making sure to have the pieces with Deborah and the Bible Story reference facing forward.

AFTER THE ACTIVITY: Review the Bible Story and Bottom Line.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come sit with me. Today's story picture is Deborah under the tree!"

DURING THE ACTIVITY: "Color the front and backs of each of the cutouts. (Pause.) Super-duper! Now let's put the pieces together. (Help slide each child's cutouts together.) Look! Your tree is standing, and Deborah is sitting underneath! Great job!"

AFTER THE ACTIVITY: "In today's story, we learned about a prophet—a woman named Deborah. Deborah led God's people, the Israelites. She helped them know what was right. That was a big thing to do! Deborah sat under a palm tree and told people what God wanted them to do. One day, God gave Deborah a message for a man named Barak. Deborah told Barak to gather 10,000 men to fight a battle. She told him, "God will help you." That's a big job, so Barak asked Deborah to go with him. They got 10,000 men to fight in the battle, and they won just like God said they would! Deborah and Barak were so happy God helped them that they celebrated God with a song. You can celebrate when God helps you do big things, too, because **God helps me do big things! Who helps you do big things? God helps me do big things!**"

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PRELUDE SOCIAL WORSHIP STORY **GROUPS** HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO REFLECT

an activity that encourages personal application and prayer



6. JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: "Memory Verse Card" Activity Page from Week One in Bible, a journal, and a fun-shaped pen

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

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JUDGES 4:1-10, 14; 5:1-31

WHAT YOU DO:

BEFORE THE ACTIVITY: If you do not have the "Memory Verse Card" in your Bible, copy "Memory Verse Card" on cardstock and cut, one per Small Group. Place one card in your Bible at Psalm 54:4. Keep this card in your Bible all month.

Encourage children to take big steps as you lead them to your Small Group spot. Sit down and gather the children around you.

MEMORY VERSE

"I know that God helps me."

PSALM 54:4, NIRV

DURING THE ACTIVITY: Review the Bible Story and Memory Verse Hand Motions. Then encourage children to help you make a list in the journal of people they can help.

AFTER THE ACTIVITY: Pray with the children using the list you made in the journal.

KEY QUESTION

Who helps you do big things?

WHAT YOU SAY:

BEFORE THE ACTIVITY: "It's Small Group time! Today we are going to take BIG steps while we walk to our Small Group spot. Take your biggest steps and follow me! (*Take big steps as you lead the children to your Small Group spot.*) That didn't take long! Let's sit down so we can talk about today's Bible Story. One, two, three, sit down with me!"

BOTTOM LINE

God helps me do big things.

DURING THE ACTIVITY: (*Open the Bible and lay it in front of the children.*) "In our Bible Story today, God helped Deborah do lots of big things. Deborah led the Israelites and told them what God wanted them to do. Deborah gave Barak a message from God. God wanted Barak to do a big job and gather lots of men to fight a battle. This job was so big that Barak asked for Deborah's help, and she helped him. With God's help, Deborah and Barak got 10,000 men to fight in the battle, and they won! Deborah and Barak were so happy God helped them that they celebrated God with a song. God helped Deborah and Barak do big things, and God will help us do big things, too! **Who helps you do big things? God helps me do big things!**"

BASIC TRUTH

God loves me.



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PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

"And that's why we are learning this Bible verse. It says, 'I know (*touch head with fingertips*) that God (*flat hand with thumb to forehead, pull down*) helps me,' (*place thumbs-up on opposite palm*) Psalm 54:4. (*Open hands like a book.*) I want us to remember that God helps us. Let's stand up and say that Bible verse together. Just say what I say and do what I do! 'I know (*touch head with fingertips*) that God (*flat hand with thumb to forehead, pull down*) helps me,' (*place thumbs-up on opposite palm*) Psalm 54:4. (*Open hands like a book.*)

"Way to go! (*Give fist bumps.*) Now let's sit down so we can write in our prayer journal and talk to God. (*Open journal.*) God helped Deborah do big things, and Deborah helped Barak do a big thing. We can help like Deborah helped. Let's make a list in our journal of people we can help and then we can use the list when we pray. When I say your name, tell me one person you can help, and I will write it in our journal. (*Remember to print as you write in the journal, so the children can recognize their names and the letters.*)

AFTER THE ACTIVITY: "Look at all the people you can help! (*Hold up journal.*) Helping others is a big thing! Would anyone like to pray before I pray? (*Give each child who wants to pray the opportunity to do so.*) Dear God, thank You for helping us do big things, like helping other people. Please help [child's name] help [person they listed] and [child's name] help [person they listed] and . . . (*say this with each child's name*). We love You, God. In Jesus' name. Amen."