

RAIN OR SHINE

Trusting God in Every Season



WEEK
THREE

JANUARY 2025

SMALL GROUP

PRETEEN

TODAY'S SUGGESTED SCHEDULE

TODAY'S BIBLE STORY

Don't Look Back in Anger

Slow to Anger
James 1:19

TODAY'S KEY QUESTION

What do you do when
you feel angry?

TODAY'S BOTTOM LINE

When you're angry, talk to God.

MONTHLY MEMORY VERSE

Be strong, all you who put your
hope in the LORD. Never give up.

Psalms 31:24, NIV

MONTHLY VIRTUE

Resilience—Getting back up when
something gets you down

BASIC TRUTH

I can trust God no matter what.

PRELUDE: Setting the Tone for the Experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

Check out our Pinterest page here <https://bit.ly/447HSZi> for a visual on some of the activities.

Check out our Small Group Leader Conversation Guides to guide you through salvation conversations: <https://bit.ly/4daxSUg>

SMALL GROUP

15
MIN

SOCIAL: Providing Time for Fun Interaction

Just for Fun
Opening Activity

LARGE GROUP

35
MIN

STORY: Communicating God's Truth in Engaging Ways

WORSHIP: Inviting People to Respond to God

Welcome/Opener
Worship
Bible Story (Communicator Script)
Key Question
Prayer

SMALL GROUP

25
MIN

GROUPS: Creating a safe place to connect

Application Activity: Take a Snapshot
Bible Story Review: Bible Story Extension and Discussion Questions
Memory Verse Activity: Verses to Take with You
Prayer Activity: Make it Personal with Prayer

HOME: Prompting Action Beyond the Experience

Parent Cue Card (Print or Email)

Devotionals for Kids

Parent Cue App

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HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO PLAY

an activity that encourages learning through following guidelines and working as a group



2. OPENING ACTIVITY

WHAT YOU NEED: Jenga® (or similar generic stackable blocks)

WHAT YOU DO:

- Invite kids to sit in a circle in your group space.
- If the blocks need to be stacked, ask a few kids to help

stack them in the center of the circle.

- Explain the object of the game is to keep the tower standing as long as possible.
- Choose a kid to go first and invite them to pick any block in the stack they'd like to remove.
- Encourage the kid to carefully pull it out from the stack and place it aside.
- Then direct the kid sitting next to them to do the same.
- Continue in the same way around the circle until a block is removed that causes the entire stack to fall.
- Play again if time allows, starting with any kid who didn't get a turn in the last round.

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WHAT YOU SAY:

"That was fun! Did you notice how the tower didn't just crash as soon as the first block was removed? It was a slow process leading up to the crash and then everything fell apart! **[Transition]** Today, we'll discover who can help you and me from falling apart when we feel angry. Let's go to Large Group to hear more!"

Lead your group to the Large Group area.

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HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CONNECT

an activity that invites kids to share with others and build on their understanding



3. DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- What makes you feel angry?
- What do you do when you feel angry?
- When you act out in response to your anger, does it only affect you?
- Why is it sometimes challenging to be slow to anger?
- How can talking to God help you to be slow to act out on your anger?

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MADE TO PLAY

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4. VERSES TO TAKE WITH YOU

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: "Stormy Crossword Cards" Activity Page, "Stormy Crossword Puzzle" Activity Page, "Stormy Crossword Answer Key" Activity Page, tape, pens or pencils, Bibles

WHAT YOU DO:

- Divide kids into pairs.
- Spread the cards from the "Stormy Crossword Cards" Activity Page out in your group space.
- Hand each pair a copy of the "Stormy Crossword Puzzle" Activity Page, a Bible, and a pen or pencil.
- Explain the crossword puzzle contains two types of questions: Questions about storms and questions about various Bible verses.
- Let the kids know that to find answers, they will read the cards around their group space or look up verses in the Bible.
- Instruct kids to bring their finished crossword puzzles to you.
- Take time to go over each question using the "Stormy Crossword Answer Key" Activity Page, allowing the kids to share answers aloud.
- Tell kids that we can be encouraged by the Bible! The Bible talks about anger in a way that assures us it's something we all experience. Anger, like storms, is sure to happen at some point!
- Remind kids that we should not avoid emotions that we feel, like anger. We can acknowledge and make space for our emotions and use them as a tool to learn and grow!
- Explain to kids that God's Word can also help us grow as we become aware of what it says and how it applies to our lives.

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MADE TO REFLECT

an activity that creates space for personal understanding and application



5. MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: “Resilience Journal 3” Activity Page, pens or pencils, coloring supplies, hole punch, extra Resilience journals from previous weeks; *Optional: stickers*

WHAT YOU DO:

- Invite kids to sit in a circle in your group space.
- Give any kids who weren't present the weeks prior an extra resilience journal.
- Hand every kid a copy of the “Resilience Journal 3” Activity Page and a pen or pencil.
- Any kids who were present last week and still have their journals will only need journal 3.
- Place the coloring supplies, hole punch, and stickers (*optional*) in the center of the circle!
- Explain to kids one way we can talk to God is by writing down how we're feeling.
- Let the kids know even though we aren't actually talking, when we write things down, God knows what we write and cares about how we feel.
- Show kids how to take turns punching holes in the activity page.
- Model how to untie the binding string, open the journal, and place the new page with the other pages.
- Then, tell the kids to thread the string through the holes again, tying a bow to secure the pages.
- Give kids a few minutes of quiet time to use coloring supplies to decorate and write on the new page.
- During this time, add copies of the new page to the extra journals. Keep on hand for kids that may come later in the month.
- *Based on the dynamics of your group, choose whether it works best to have kids leave their journals at church as they add more pages, or for them to take their journals home. If they take their journals with them, they can simply add pages from each of the weeks to their journals at home.*
- Say a prayer for the entire group.

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