

# RAIN OR SHINE

Trusting God in Every Season



WEEK  
**TWO**

JANUARY 2025

SMALL GROUP  
**PRETEEN**

## TODAY'S SUGGESTED SCHEDULE

### TODAY'S BIBLE STORY

**Don't You Worry  
'Bout a Thing**  
Do Not Worry  
Matthew 6:25-34

### TODAY'S KEY QUESTION

What kinds of things  
do you worry about?

### TODAY'S BOTTOM LINE

When you're worried, trust God.

### MONTHLY MEMORY VERSE

**Be strong, all you who put your  
hope in the LORD. Never give up.**  
Psalm 31:24, NIV

### MONTHLY VIRTUE

**Resilience**—Getting back up when  
something gets you down

### BASIC TRUTH

**I can trust God no matter what.**

### PRELUDE: Setting the Tone for the Experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

Check out our Pinterest page here <https://bit.ly/447HSZi> for a visual on some of the activities.

Check out our Small Group Leader Conversation Guides to guide you through salvation conversations: <https://bit.ly/4daxSUG>

### SMALL GROUP

**15**  
MIN

#### **SOCIAL: Providing Time for Fun Interaction**

Just for Fun  
Opening Activity

### LARGE GROUP

**35**  
MIN

#### **STORY: Communicating God's Truth in Engaging Ways**

#### **WORSHIP: Inviting People to Respond to God**

Welcome/Opener  
Worship  
Bible Story (Communicator Script)  
Key Question  
Prayer

### SMALL GROUP

**25**  
MIN

#### **GROUPS: Creating a safe place to connect**

Application Activity: Take a Snapshot  
Bible Story Review: Bible Story Extension and Discussion Questions  
Memory Verse Activity: Verses to Take with You  
Prayer Activity: Make it Personal with Prayer

### HOME: Prompting Action Beyond the Experience

Parent Cue Card (Print or Email)  
Devotionals for Kids  
Parent Cue App

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PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

## MADE TO PLAY

an activity that encourages learning through following guidelines and working as a group



## 2. OPENING ACTIVITY

**WHAT YOU NEED:** "Guess the Emotion" Activity Page

**WHAT YOU DO:**

- Invite kids to gather together in your group space.
- Place the stack of "Guess the Emotion" Activity Page cards at the front of your group space.
- Explain that the cards all have different emotions listed on them.
- Choose a kid to go first and tell them to pick a card from the stack without looking at it.
- Lead the kid to stand at the front of your group space.
- Direct that kid to place the card on their forehead so that the word is facing the group.
- The rest of the group will take turns giving clues to help the kid guess what emotion is on their card. (for example: if the emotion is sad, someone might say, "You'd feel this way if your dog ran away.")
- Once the kid guesses the correct emotion, ask them to choose another kid to take the next turn.
- Continue playing until everyone gets a turn or as time allows.

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**WHAT YOU SAY:**

"Y'all did a really good job with explaining all these emotions! We've all felt them at some point. **[Transition] Today in Large Group, we'll dive into another emotion we've all felt and discover what Jesus said to help and encourage us through it! Come with me!**"

Lead your group to the Large Group area.

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PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO CONNECT

an activity that invites kids to share with others and build on their understanding



## 3. DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:**

**Ask:**

- What kinds of things do you worry about?
- How does knowing God cares for the birds and flowers help you understand how much God cares for you?
- How do you feel knowing that Jesus tells us not to worry because God takes care of us?
- Is it easy for you to ask God for help when you're worried about something?
- How does trusting God when we're worried make us resilient?
- Who is someone, other than God, that you can go to when you're worried?

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25 MINUTES

## MADE TO REFLECT

an activity that creates space for personal understanding and application



## 5. MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** “Resilience Journal 2” Activity Page, pens or pencils, coloring supplies, hole punch, extra Resilience journals from previous week; *Optional: stickers*

### WHAT YOU DO:

- Invite kids to sit in a circle in your group space.
- Hand each kid a copy of the “Resilience Journal 2” Activity Page and a pen or pencil.
- Give any kids who don’t have a journal one of the extra journals assembled. Any kids who were present last week and still have their journals will only need page 2.
- Place the coloring supplies, hole punch, and stickers (*optional*) in the center of the circle.
- Explain to kids they will be creating a resilience journal.
- Remind kids that keeping a prayer journal can help us organize our thoughts and prayers.
- Tell them that when we’re worried about something, it can be helpful to spend time talking to God about what we’re thinking and how we’re feeling.
- Show kids how to punch holes in the activity page and add them to the other pages of the journal.
- Model for the kids how to untie the binding string, open the journal, and place the new page with the other pages.
- Then, instruct them to thread the string through the holes again, tying a bow to secure the pages.
- Give kids time to use the coloring supplies and stickers (*optional*) to decorate the journal page.
- Allow kids to have a few minutes of quiet time so they can write.
- During this time, add copies of the new page to the extra journals to keep on hand for kids that may come later in the month.
- Each week of this month they will have the chance to add more to their journal.
- Encourage kids to keep their journals in a safe place, even after the month ends. One day, they may want to go back and see how God answered their prayers and helped them get through worry!
- *Based on the dynamics of your group, choose whether it would work best for kids to leave their journals at church throughout the month, as they add more pages, or for them to take their journals home this week.*
- Say a prayer for the entire group.

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