



WEEK
THREE
JANUARY 2025

SMALL GROUP
2-3

TODAY'S SUGGESTED SCHEDULE

TODAY'S BIBLE STORY

Don't Look Back in Anger
Slow to Anger
James 1:19

TODAY'S BOTTOM LINE

When you're angry, talk to God.

MONTHLY MEMORY VERSE

Be strong, all you who put your hope in the LORD. Never give up.
Psalm 31:24, NIV

MONTHLY VIRTUE

Resilience—Getting back up when something gets you down

BASIC TRUTH

I should treat others the way I want to be treated.

PRELUDE: Setting the Tone for the Experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

Check out our Pinterest page here <https://bit.ly/447HSzi> for a visual on some of the activities.

Check out our Small Group Leader Conversation Guides to guide you through salvation conversations: <https://bit.ly/4daxSUG>

SMALL GROUP

15
MIN

SOCIAL: Providing Time for Fun Interaction

Early Arriver
Opening Activity

LARGE GROUP

35
MIN

STORY: Communicating God's Truth in Engaging Ways

WORSHIP: Inviting People to Respond to God

Opener
Worship
Bible Story
Bottom Line
What's Our Part in the Story?
Prayer

SMALL GROUP

25
MIN

GROUPS: Creating a Safe Place to Connect

Bible Story Review: Give Me Five
Application Activity: Losing Sight
Memory Verse Activity: Retracing Steps
Prayer Activity: Pray and Dismiss

HOME: Prompting Action Beyond the Experience

Parent Cue Card (Print or Email)
Devotionals for Kids
Parent Cue App



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PRELUDE **SOCIAL** **STORY** **WORSHIP** **GROUPS** **HOME**

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO CREATE

an activity that explores spiritual ideas through the process of drawing, building, and designing



Before kids arrive, take a few moments to pray for them. Pray for those who might visit your group for the first time. Think back to a time God helped you manage your anger. (Maybe it was through prayer, talking it out with a friend, or a breathing exercise.) Ask God to help you communicate what you've learned about managing anger with the kids in your group. Ask God to help you share the truth today that it's okay to be angry, but it's important to talk to God about it. Ask God to lead you as you help the kids learn to go to God in their anger, and journey with God through it as they experience anger.

TODAY'S BIBLE STORY

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1. EARLY ARRIVER

WHAT YOU NEED: Offering container, "Character Pieces Week 3" Activity Page, safety scissors, glue sticks, and coloring materials

TODAY'S BOTTOM LINE

When you're angry, talk to God.

WHAT YOU DO:

- Kindly greet kids as they arrive to Small Group.
- Invite kids who brought an offering to place it in the offering container.
- Give each kid a "Character Pieces Week 3" Activity Page.
- Set out the safety scissors, the glue sticks, and the coloring supplies.
- Invite kids to choose from the different character pieces to assemble a person who resembles someone who is angry.
- Prompt kids with scenarios to use their imagination to think about someone who might be angry, like:
 - Someone just dropped their ice cream cone
 - A sibling took their favorite toy to play with without asking and broke it
- Have the kids cut out the pieces that represent someone who is angry and glue them to the middle of the page.
- Direct the kids to decorate their characters with the coloring materials.
- As kids finish, invite them to share with you what pieces they chose to use and why.
- If kids share a personal story, validate their feelings and thank them for sharing.

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PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO REFLECT

an activity that creates space for personal understanding and application



*** 1. GIVE ME FIVE**

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: "Give Me Five Tool" Activity Page, markers, and Bible

WHAT YOU DO:

- Give each kid a hand from the "Give Me Five Tool" Activity

Page.

- Set out the markers.
- Invite the kids to color the hand on the "Give Me Five Tool" Activity Page and write their name on the page while you ask the Review Questions below one at a time.
- Review Questions:
 - What does it mean to be quick to listen? What can this look like in our everyday life?
 - What does it mean to be slow to speak? What can this look like in our everyday life?
 - What does it mean to be slow to get angry? What can this look like in our everyday life?
 - Feeling anger is NOT wrong! What did Paul say in Ephesians 4:26 about anger? (*Read Ephesians 4:26 from the Bible.*)
 - What can we do when we feel anger rising up?
- One at a time, read the five Cs on the "Give Me Five Tool" Activity Page.
 - Challenge, conflict, change, comfort, and commit.
- Come up with an age-appropriate scenario kids can relate to.
 - For example: You find out you don't get to go to your friend's birthday party because it's the same day as your family barbecue.
- Talk through how to use the five Cs with the example you came up with.
- Begin with your hand in a fist.
- Invite kids to make a fist and follow along.
- Model how to put a finger up as you talk about each of the five Cs. (Your pointer finger, then two fingers, then three, then four, then finally, your thumb.)
- Invite kids to model your hand motion as you walk through the example.

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WHAT YOU SAY:

"When we're angry, it can be difficult to share how we're feeling. Or sometimes, we can say things we don't really mean. The 'Give Me Five' hand helps us think about why we're angry and talk to God about it! It can help us calm down, so we can be slow to get angry.

"Discovering how to respond to our anger is not just about calming down—it's about building resilience! Resilience is all about getting back up when something gets you down. You will get to take this home and give it a try the next time you feel anger rising up. This hand will remind us, **when you're angry, talk to God.**"



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4. PRAY AND DISMISS

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: The kids' decorated "Give Me Five Tool" Activity Page from the Give Me Five Activity

WHAT YOU DO:

- Encourage kids to find a quiet spot in your group area.
- Give each kid their "Give Me Five Tool" Activity Page.
- Invite kids to walk through the five Cs with their fingers silently or aloud.
- Invite kids to use the 5 Cs to talk to God about how they're feeling today.
- Give kids a few minutes, and invite them to join you in a circle.
- Close the group time in prayer.

WHAT YOU SAY:

"Dear God, thank You that we have a safe space to talk about our emotions here! You know that there are things in our world that are worth being upset about. But, through the help of Your Holy Spirit, there's a way to be angry that brings You honor if we just slow down and ask You for help. Guide us this week and help us to remember that when we're angry, to talk to God. We love You and we pray these things in Jesus' name. Amen."

As adults arrive to pick up, instruct the kids to show off their "Give Me Five Tool" Activity Page. Encourage kids and their adults to practice this coping skill together this week when they feel like anger is arising. Remind kids as they leave that there is a right way to be angry. We can slow down and talk to God to guide us in aiming our anger in the right direction.

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