

RAIN OR SHINE

Trusting God in Every Season



PRETEEN

JANUARY 2025

MONTHLY OVERVIEW

GOD VIEW:

THE CONNECTION BETWEEN RESILIENCE AND GOD'S CHARACTER, AS SHOWN THROUGH GOD'S BIG STORY

With every season comes new and different challenges but also the chance to experience incredible joy. Through sunshine or rain, storms, and blue skies, seasons and weather are important to growth, but not just for flowers and trees. How we respond to each season of life helps us grow in maturity and can spur us to a deeper faith in God. This is especially true when it comes to our emotions.

Just as seasons come and go, so do our emotions. And how we choose to handle those emotions can shape us and teach us a lot about how God cares for us. No matter what emotion we may be feeling or what we may face, because of Jesus, we can learn to trust that God knows how we feel. Jesus showed us how to face life with resilience, and because of it, we can trust God no matter what.

WEEK ONE

BIBLE STORY
Jesus Wept
John 11:1-45

KEY QUESTION
Who can you talk to when you're sad?

WEEK TWO

BIBLE STORY
Do Not Worry
Matthew 6:25-34

KEY QUESTION
What kinds of things do you worry about?

WEEK THREE

BIBLE STORY
Slow to Anger
James 1:19

KEY QUESTION
What do you do when you feel angry?

WEEK FOUR

BIBLE STORY
Paul and Silas
Acts 16:16-40

KEY QUESTION
What brings you joy?

MEMORY VERSE

BE STRONG, ALL YOU WHO PUT YOUR HOPE IN THE LORD. NEVER GIVE UP.
PSALM 31:24, NIRV

RESILIENCE

GETTING BACK UP WHEN SOMETHING GETS YOU DOWN