



WEEK
FOUR

OCTOBER 2024

SMALL GROUP
PRETEEN

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO EXPLORE

an activity that extends learning through hands on experimentation and discovery



2. BIBLE STORY EXTENSION

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: Bibles, cotton balls, pitcher of water, empty glass cup, sticky notes, pens

WHAT YOU DO:

- Open a Bible to Proverbs 25:16
- Invite a kid who would like to read the verse to the group.
- Ask kids if they've ever eaten so much of something they felt sick.
- Remind kids that even if something is a good thing, we can get or do too much of it; self-control is choosing to do what's best even when you don't want to.
- Place an empty glass on a flat surface; direct the group to gather around it.
- Slowly fill the glass with water all the way to the rim.
- Give each kid a sticky note and pen.
- Invite kids to guess how many cotton balls they think the full glass will hold before it spills over by writing a number on their sticky note.
- Allow kids to take turns gently placing a cotton ball into the glass.
 - Point out that the cotton balls absorb water.
 - Keep count of the number of cotton balls added to the glass.
- Continue adding cotton balls until the water begins to overflow, then see which kid(s) came closest to guessing the number.
- Read Proverbs 25:16 again then ask kids to think of some ways the glass and cotton balls illustrate the verse.
- Invite kids to share a time when they pushed the limits to see how far they could go with something.
- Remind kids that growing in self-control is one way we show that we follow Jesus.
- Hold a conversation around the role of the Holy Spirit. *(Could be something similar to this: God gives us the Holy Spirit to help us identify where we need more self-control. God also gave us grown-ups and other people who care about us to help us know when it's time to stop doing something!)*

TODAY'S BIBLE STORY

Too Much

Too Much of a Good Thing
Proverbs 25:16

TODAY'S KEY QUESTION

Why is it hard to stop?

TODAY'S BOTTOM LINE

Know when to stop.

MONTHLY MEMORY VERSE

God's power has given us everything we need to lead a godly life.

2 Peter 1:3a, NIV

MONTHLY VIRTUE

Self-control—Choosing to do what's best even when you don't want to

BASIC TRUTH

I need to make the wise choice.

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CONNECT

an activity that invites kids to share with others and build on their understanding



3. DISCUSSION QUESTIONS
[TALK ABOUT GOD | BIBLE STORY REVIEW]
WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- Why is it hard to stop?
- How do you recognize when you need to stop doing something?
- Who can you depend on to help you stop?
- At what point do good things become bad for you?
- Is it too much when you're spending a lot of time on something creative or productive?

TODAY'S BIBLE STORY

Too Much
Too Much of a Good Thing
Proverbs 25:16

TODAY'S KEY QUESTION

Why is it hard to stop?

TODAY'S BOTTOM LINE

Know when to stop.

MONTHLY MEMORY VERSE

God's power has given us everything we need to lead a godly life.
2 Peter 1:3a, NlrV

MONTHLY VIRTUE

Self-control—Choosing to do what's best even when you don't want to

BASIC TRUTH

I need to make the wise choice.

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO REFLECT

an activity that creates space for personal understanding and application



5. MAKE IT PERSONAL WITH PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Bible

WHAT YOU DO:

- Remind kids that memorizing God's Word and praying to God are ways we can live a godly life.
- Invite kids to pray their own prayers as you read each phrase from 2 Peter 1:3a then pause.
 - Share that the kids can pray silently or out loud after each phrase.
- Read 2 Peter 1:3a from the Bible, phrase by phrase, then pause for kids to pray after each phrase.
 - *God's power has given us everything we need (NirV)*
OR
 - *His divine power has given us everything we need (NIV)*
 - *to lead a godly life. (NirV)*
OR
 - *for a godly life. (NIV)*
- Close your group time in prayer.

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Proverbs 25:16

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MONTHLY VIRTUE

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