



RECREATION: TUESDAY

AIR-POWERED PARTY

WHAT YOU NEED:

Solo cups, balloons, ping pong balls, straws

WHAT YOU DO:

- Set up a table in a suitable play area. Make sure there is enough space for kids to stand comfortably on either side of the table.
- Place two lines of 6-10 cups (one color for each team) along one edge of the table. The cups should be evenly spaced and staggered to create a challenge.
- Divide the children into two teams, with an equal number of kids on each team.
- Each team stands behind their designated line of cups.
- Start the timer and signal the kids to begin.
- Kids must inflate their balloons and then release the air to create a burst of force that will blow the cups off the table.
- Players can inflate and release the air from their balloon as many times as needed within the time limit.
- The team that successfully blows all their cups off the table first wins the round.
- Stop the timer as soon as one team has completed the challenge.
- Team Relay Variation: For a relay race version, have each team form a line behind their cups. The first child on each team blows up their balloon, releases the air to blow cups off, and then the next child in line takes a turn. Each child must wait until the previous child has completed their turn before starting their own.
- Declare the winning team for each round and reset the cups for the next round. Play multiple rounds, allowing different kids to take turns in each round.

Play additional games with straws blowing ping pong balls across the table and with the air cannon, knocking cups off the table from a distance.

WHAT YOU SAY:

“Wow, what a cool game we had with cups and balloons! Remember, just like we all joined in the game, **everyone is invited to the party**. Jesus loves having all of us together, just like in our game. So let’s always be kind to everyone and keep the party going with love!”