



RECREATION: MONDAY

DISCO FREEZE DANCE

WHAT YOU NEED:

Music player (could be phone connected to speakers) with a variety of kids' dance songs

WHAT YOU DO:

- Tell kids that they'll dance, and when the music stops and/or the lights come on, they must freeze in their dance pose.
- Begin playing a song. Encourage kids to dance and have fun.
- After a random period of dancing, pause the music suddenly.
- As soon as the music stops and/or the lights come on, kids must freeze in their dance poses. Any child still moving or dancing is out of the game for that round.
- Once all the kids have frozen, resume the music. Repeat the process, alternating between dancing and freezing rounds.
- Keep playing additional rounds, gradually increasing the difficulty by stopping the music and/or changing the lights at unexpected moments.
- Continue playing until only one child or a small group remains without being eliminated.

The main goal is to have a blast dancing, freezing, and laughing together. Encourage creativity and silliness. Remember to adapt the game based on the age and preferences of the kids. Enjoy the groovy disco freeze dance party!

WHAT YOU SAY:

"Even as the music stops and lights come on, the party continues in our hearts with Jesus. Our dance may pause, but His love is always in motion. Let's dance through life, knowing Jesus is the reason we celebrate! His presence turns every moment into a joyful party, and **Jesus is a good reason to have a party!**"

WATER BOTTLE FLIP-O-RAMA

WHAT YOU NEED:

Empty water bottles partially filled with water ($\frac{1}{3}$ remaining) - 1 per camper

**WHAT YOU DO:**

- Kids face off one on one, both flipping water bottles to see who can land one first.
- Kids who win move up and find another winner from that round.
- Continue until there is only one winner.
- Set a time-limit to each round to ensure the game doesn't drag on.
- Repeat as time/interest allows.
- Create additional rules to make future rounds interesting (use the less-dominant hand, on a table, behind the back).

WHAT YOU SAY:

Remember, celebrating Jesus as the life of the party means sharing joy and His light wherever we go. You can be a party starter and share the good news of Jesus!